

**Total Health Formula** uses all natural ingredients to help ease digestion, release vital nutrients, support a healthy digestive function, enhance physical strength, and energize your body.

### 102 Kinds of Fruits and Vegetables

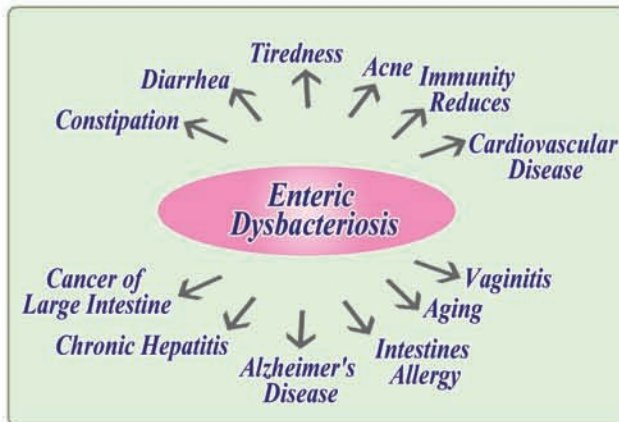
**Total Health Formula** is extracted from various kinds of natural fruits and vegetables with microorganisms and goes through a 540 day fermentation period. Each drop of this liquid enzyme contains natural fruit and vegetable nutrition elements.

### CoQ10

**CoQ10** was discovered in the mitochondria in the heart cells of cattle in 1957. **CoQ10** is good for the treatment of heart failure and can improve the function of heart cells, protect blood vessels, and lower blood pressure. CoQ10 also prevents arteriosclerosis and anti-oxidation

### Lactobacillus Sporogenesis

**Lactobacillus Sporogenesis** is a universally occurring beneficial bacteria. It is a gram - positive, spore-forming, lactic acid producing probiotic. It supports the growth of friendly bacteria and helps maintain a healthy balance of microflora in the intestinal environment. Moreover, it can improve digestion and absorption, lower cholesterol and the risk of intestinal cancer, and enhance the immune system.



### How to Take Total Health Formula

- Recommended Intake: 2~3 packs per day or dilute one pack in 5 oz. of water.
- It is better to take Total Health Formula before meals or on an empty stomach.
- Try it with blended ice water for a cool treat! The temperature of the diluting water should not exceed 113° F (45° C) to avoid destroying the beneficial activity of the ingredients.

For more information, please contact



*These statements have not been evaluated by the Food and Drug Administration, This product is not intended to diagnose, treat, cure or prevent any disease.*

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## Nutrition, Prevention and Total Health Formula

THE SECRET OF

HEALTH

& VITALITY



*Whole Foods for Health*

## Nutrition, Prevention and **Total Health Formula**

Physicians recommend all kinds of changes in a patient's lifestyle... everything from weightloss to eating habits to exercise to quitting smoking. The problem, however, is compliance... really getting on track with a lifestyle that sustains health and vitality.

When people are busy, bad habits are hard to change. However, keeping people healthy and preventing disease is becoming more important in today's world. Recent studies point to two overwhelming realities. The first is that whole foods, not isolated vitamins, hold the key to good health and wellness. The second reality is that Enzymes are extremely important in fighting disease.

### Why are Enzymes Important?

- Cooking destroys these "food enzymes", forcing the body to produce more of its own digestive enzymes that would otherwise be necessary to digest the food.
- The body has a lifetime "enzyme potential" for manufacturing digestive enzymes
- Enzymes in raw foods also carry the "life force"- *Dr. Edward Howell, author of Enzyme Nutrition.*

### The Secret of Longevity - Enzymes

**Enzymes** regulate the normal process of digestion, absorption, detoxification, blood circulation, and waste removal – all essential to the very functions that make human life possible. Enzymes are not only the foundation of human life, they are fundamental to our HEALTH!



HTE is introducing our new product -

### **Total Health Formula**

*A breakthrough that combines traditional fermentation with an unique formula.*

#### Five Characteristics:

1. **102 kinds** of pure fermentative liquids from vegetables and fruits with **540 day** fermentation period (*Japanese Patent*)
2. Variety of enzymes and nutrients
3. Contains dietary fiber
4. Adds Lactobacillus Sporogenesis
5. Water Soluble CoQ10

**Total Health Formula is not just an energy drink performance enhancer.**

Using **Total Health Formula** is simply a way to get the healthful doses of the daily nutrients and enzymes you need from whole foods in a convenient form.

	Total Health Formula	Others Brand Enzyme
Different Kinds of Ingredients	102	30-70
Safety Test	Passed safety test for Heavy Metals and Insecticides	Unknown
Additives	CoQ10, Dietary Fiber, S.O.D., and Lactobacillus Sporogenesis	None
Fermentation Period	540 days	180-365 days
Activity	Complete Digestion of Enzymes	Unknown

### How Total Health Formula is made

**Total Health Formula** is made from the freshest, highest quality of 102 different kinds of fruits and vegetables. We carefully test every step of the way to ensure no pesticides or other contaminants would affect the nature purity of the product. By using a proprietary process, and a 540 day fermentation period, most active enzymes and other vital nutrients are never destroyed.



### Patente Japonesa – Traditional Japanese Fermentation



### It's Completely Safe

- The source of vegetables and fruits are safe and extract the essence of raw materials.
- All of the raw materials must pass a pesticide residue and heavy metal exam, and use 100% toxin - free fruits and vegetables as raw materials.
- **Total Health Formula** is the first enzyme supplement to get an international certificate from the ISO and HACCP
- One bottle (60 ml) = 1.1 lbs., the abstract of fruits and vegetables.