

2016
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Product
Information



HTE CANADA
Website



Intertek

November 2016



HTE CANADA Inc.



WINTER WORKOUT SAFETY TIPS
HOW COLD IS TOO COLD?



WHO SHOULD TAKE
DIGESTIVE ENZYMES?



NOVEMBER 2016 SPECIAL OFFERS



Winter Workout Safety Tips

How Cold is Too Cold?

How to Tell When It's Too Cold for Outdoor **EXERCISE**



Depending on where you live, weather conditions can vary greatly throughout the year. If you enjoy exercising outdoors, the different seasons certainly bring their share of joys and sorrows. Who wouldn't enjoy walking, running, or biking on a warm summer's night, a fall afternoon, during a sunny spring day, or even amid the tranquility of an early winter morning?

For many of us, we are entering the coolest-okay coldest-time of the year. If you enjoy exercising outside, then the bitter cold of winter can be more than just an inconvenience. And no, the alternative doesn't have to mean hibernating for a few months, only to resurface with the buttercups in spring. By taking a few special precautions, and monitoring winter weather and conditions, it can be completely safe-and even enjoyable-to work out in the wintry outdoors.

Chances are you've heard the nightmarish stories of some climbers battling Mt. Everest or someone missing in the forest and their struggle with hypothermia. But it is important to know that hypothermia can happen outside of mountain ranges and national forests. It awaits every ill-prepared outdoor exerciser who dares to venture out when temperatures and conditions shout to us to stay inside.

Hypothermia, basically, is dangerously-low body temperature-below 95 degrees Fahrenheit. It is a condition that occurs when your body loses more heat than it can generate in return. It is typically caused by extended exposure to the cold and can be brought on by being outside in winter without enough protective clothing or wearing wet (even sweaty) clothing in windy or cold weather.

When exercising outdoors in the winter, you should closely monitor your body and be aware if you are having any of the following symptoms:

- * Drowsiness
- * Weakness
- * Loss of coordination
- * Pale, cold skin
- * Confusion
- * Uncontrollable shivering
- * Slowed breathing or slowed heart rate

Don't wait until you see all seven! When you recognize any of the above, it is time to go inside right away. Better yet, let's avoid all of this. Here are some tips when exercising outside in the winter to avoid hypothermia:

- * Of course, dress appropriately for cold weather. In a nutshell: Layer, layer, layer.
- * Stay close to home. If you begin getting too cold, you can get back quickly.
- * Carry a cell phone in case of emergency.
- * Let friends and family know what you are doing, where you'll be going, and when you should be back.

Although following the tips above will keep you exercising safely through most winter days, it can still be unsafe sometimes-no matter what you are wearing or how conditioned you may be. It's best to stay indoors when the outdoors resembles these conditions:

- * Extremely cold temperatures with high winds. Wind takes heat away from your body more rapidly, making it more difficult for your body to generate the heat it needs already in very cold temperatures.
- * Extremely cold temperatures with rain. If your body gets cold-and wet-you're setting the stage for hypothermia to develop.
- * Ice. Icy roads and sidewalks are unsafe from an injury standpoint as they increase your chances of slips and falls.

Remember that completing a workout should not be a matter of life and death-no matter how committed you are. Take it indoors and use your favorite piece of cardio equipment, walk inside the mall, or do an exercise video. Being inside doesn't have to be forever and you can do it if your safety depends on it.

Bear in mind that if you layer up, watch the forecast, and take some general safety precautions, you'll be pretty safe during about 95% of your winter workouts. (Enjoy the crazy looks you get from people!) For the other 5% of the time, enjoy the great indoors!



SOQI FIR LUMBAR CUSHION TESTIMONY!

Since we purchased the SOQI FIR LUMBAR CUSHION in March 2016it is in the driver's seat. We use it each time we get in the car, plugged into the cigarette lighter outlet with the adaptor that comes in the package.

A short run offers instant relief from minor aches and pains. As we are over 50 years of age & have minor discomforts that come with everyday life, the respite we get is real and welcome. Maybe we drive more?

Each week this summer we volunteered on a labour-intensive organic farm an hour from home. The SOQI FIR Lumber pad is turned on as soon as we turn out of the driveway. An hour later we are ready to work the soil, move wheelbarrows full of compost, feed livestock, harvest produce, mend fences, pick weeds and innumerable number of other heavy lifting tasks. These activities put extra-ordinary pressures, stress and workouts across the body.

When we get back in the car the SOQI far infrared back pad is turned on. Within minutes the drive home is pure bliss and relaxation. We use the back pad as therapy in motion.

What a great product this back pad is! By the time we get home we are ready to rock (play music), make meals or kick back and relax pain-free.

The SOQI far infra-red back pad is, after six months near-daily use, an integral part of our usual routine. It is an indispensable part of our lives. Thank you for turning us on to greater health.

**Mark Williams,
Calgary, AB.**



Food for thought



It doesn't really matter if you are left behind the back, but what matters is your capacity to pull and push everyone by your way to get to the front.

----- By Michael Basseby Johnson



WHO SHOULD TAKE DIGESTIVE ENZYMES?

People with ...

Digestive Diseases

If you have any type of digestive disease such as acid reflux, gas, bloating, leaky gut, irritable bowel syndrome (IBS), Crohn's disease, ulcerative colitis, diverticulitis, malabsorption, diarrhea or constipation, then digestive enzymes can help. Digestive enzymes can take stress off of the stomach, pancreas, liver, gallbladder and small intestine by helping break down difficult-to-digest proteins, starches and fats.



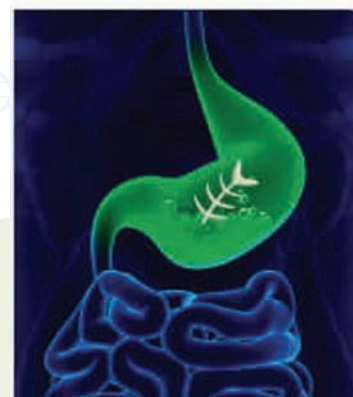
Age-Related Enzyme Insufficiency

As we age, the acidity of our stomach acid becomes more alkaline. In respect of enzyme production, this means there's an increasing likelihood the acidic "trigger" produces when chyme enters the intestine may fail. If the acidity trigger fails, then the "signal" isn't given to secretin, which in turn prevents pancreatic secretions from releasing.



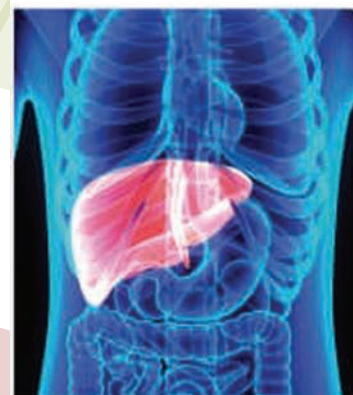
Hypochlorhydria

It's not only the elderly who suffer from hypochlorhydria, or lack of stomach acid. Aside from a decrease in stomach acid failing to trigger reactions, the acid itself cannot break down foods to release minerals, vitamins and nutrients. Many micronutrients are "cleaved" or released from food while it's in the stomach - if this action fails then there's an automatic nutritional or enzymatic insufficiency.



Liver Disease

Anyone with liver disease should be suspected as having a concurrent enzyme insufficiency. One of the more common conditions is known as alpha-1 antitrypsin deficiency, a genetic disorder that affects roughly one in 1,500 people worldwide. Typically first affecting adults between 20-50 with breathing and other respiratory complaints, roughly 15 percent of adults develop liver disease.



HTE MEXICO CRUISE - OCTOBER 2016

I was very excited when I flew from Calgary to Los Angeles to go on my first cruise ever. A Taxi driver picked us up at the airport and drove us to our ship the "Carnival Inspiration". There were 19 of us; I had already known some of them from the Taiwan trip 2 years ago. It was a great joy to see them all again and also to meet some new members of the HTE family.

I had the privilege to have a room with ocean view all to myself. I loved the big comfy bed and the feeling of getting rocked to sleep at night. The first morning our ship anchored in front of Catalina Island. It looked very beautiful from the sea and almost like a Mediterranean Island. A small group of us took a local bus and we went to the Wrigley Memorial and Botanic Garden. We took lots of pictures of the original Desert Plant Collection and after a bit of hike we had an awesome view of the Avalon Bay. We also had the luck to see two of the Santa Catalina Island Foxes, very cute....

The next day we were already in Ensenada, Mexico. We decided to go on a winery tour. I had no idea that they made such excellent wine in Mexico. We tasted at least 8 different kinds and I liked them all. Also, they had the most gorgeous purple-pink flower bushes there. I fell in love with the smell and the beautiful colors. The rest of the day we had the chance to do some shopping, and so we did!

The final day was a fun day at sea, where we did not leave the ship at all and we had the chance to explore everything the ship offered. There was something to do for everyone. Every night they had some great entertaining shows and we also did a lot of dancing.

During the day we could eat at the Buffet or at lots of different other small places. The food was good and always freshly prepared. Sometimes there are days that the group would separate, but we always made sure to meet up for dinner in the evening at the À la carte restaurant. I very much enjoyed our conversations, liked to listen to all the testimonials and experiences and got inspired by lots of new ideas.

Thank you Kenny Lai for being always there when we needed help or had a question and thanks also to HTE for another wonderful vacation.

Where are we off to next year? Excited to find out soon!

**Gabriela Bache, Manager Level Distributor
Airdrie, AB**



NOVEMBER 2016
ONLY



FREE shipping and handling
for all SOQI Bed packages

**The Single GHH SOQI Bed set
is back at \$3,800!**

SOQI-Zyme



Buy 3 at \$99 and get one free !

Note: The SOQI-Zyme has an expiry date of April 2017.
We have a limited stock and this offer is valid until stock lasts!

HTE reserves the right to alter or amend these promotions
at any time at the discretion of the company


 **HTE CANADA**


2016 4th Quarter Specials


Customers purchasing 3 or more machines are eligible for FREE SHIPPING. Shipping charges for the machines like the Chi Machine, Advanced ERE, E-Power, EMD is \$30 each, HotHouse is \$40, Grande HotHouse is \$45. For other items, please call HTE customer service to get a shipping quote as it is automatically generated by our system. New member will receive make up non commission point if purchase Chi Machine, ERE and E-power for distributor qualification.

Single Device:


Qty  **New Distributorship fee (non-refundable) \$45**

Qty  **NEW Chi Machine \$624 (38 BVP + 7 extra BVP)**
Original Price: \$780

Qty  **Advanced ERE \$585 (34 BVP + 11 extra BVP)**
Original Price: \$675

Qty  **E-Power \$780 (42 BVP + 3 extra BVP)**
Original Price: \$975

Qty **Don't forget to add:**
NEW Energy Wand \$89 (4 BVP)
Original Price: \$159

Qty  **Regular HotHouse \$1,120 (52 BVP)**
Original Price: \$1,349

Qty  **Regular HotHouse Curtain \$45 (1 BVP)**


Qty  **Grande HotHouse \$1,250 (62 BVP)**
Original Price: \$1,449

Qty  **Grande HotHouse Curtain \$45 (1 BVP)**


Qty  **Energy Measuring Device \$2,250 (100 BVP)**

Small Item:

Qty  **FIR PAD \$250 (13 BVP)**

Qty  **NEW Energy Wand \$89 (4 BVP)**
Original Price: \$159

Qty  **Palm Massager \$49.99 (2 BVP)**

Qty  **FIR Lumbar Cushion \$145 (7 BVP)**

Qty **FIR Waist Support Belt \$95 (5 BVP)**


Small 23-27 inches

Medium 28-32 inches

Large 33-37 inches

XL 38-43 inches

XXL 44-52 inches

Qty  **SOQI Aqua Mask Launch special**
3-Box Special offer: \$120 CAD / 5 BVP

Accessories:

Qty  **Advanced ERE Pad \$80 (4 pairs) (3 BVP)**

Qty  **E-Power Belt \$89 (2 BVP)**
Original Price: 163.50

Assigned ID No.

Name:

Ship To

Name
Street Address
City Province Postal Code
Country Phone

Payment Information

<input type="radio"/> Master Card	<input type="radio"/> VISA	<input type="radio"/> AMEX
Card Holder's Name		
Expiry date		
Street Address		
City Province Postal Code		

March 24, 2016

2016 4th Quarter Specials


You are eligible to FREE shipping when you purchase:

1. A SOQI Bed package. or
2. Any 3 machines purchased through the Mix and Match in the same order.

Mix & Match:

Qty  **New Distributorship fee (non-refundable) \$45**

Qty  **New Chi Machine \$559 (32 BVP + 13 extra BVP)**
Original Price: \$780

Qty  **Advanced ERE \$559 (32 BVP + 13 extra BVP)**
Original Price: \$675

Qty  **E-Power \$730 (39 BVP + 6 extra BVP)**
Original Price: \$975

 **NEW Energy Wand \$89 (4 BVP)**
Original Price: \$159

Qty  **HotHouse \$1,030 (48 BVP)**
Original Price: \$1,349

 **Regular HotHouse Curtain \$45 (1 BVP)**

Qty  **Grande HotHouse \$1,160 (55 BVP)**
Original Price: \$1,449

 **Grande HotHouse Curtain \$45 (1 BVP)**

Qty  **Energy Measuring Device \$1,750 (70 BVP)**


Customers purchasing any Mix & Match combination are eligible to get a FIR Pad for \$180 (7 BVP), and/or a FIR Lumbar Cushion for \$120. (Limited to 2 with same order)

Qty  **FIR PAD \$180 (7 BVP)**

Qty  **FIR Lumbar Cushion \$120 (5 BVP)**

SUC Express Package:

Qty **SOQI Bed Set with MP3 ,CAD\$ 5,999 (285 BVP). Promote to SUC,**
Original Price: \$7,199

 **- 6 months Installment:** 1st Installment CAD\$1,849.00 + sales tax on \$5,999, 5 month equal payment of \$830. 1st commission payout on 70BVP, 5 equal commission payment on 43BVP

-12 months Installment: 1st Installment CAD\$1874 + sales tax on \$5,999, 11 month equal payment of \$375. 1st commission payout on 65BVP, 11 equal commission payment on 20BVP

Installment plans available for 6 or 12 months at 0% interest.

Qty **SUC Express - Total SOQI Solution Set: \$7,200 (320 BVP)**
Whole set SOQI bed with MP3 (1x3) + ADV ERE + E-Power + Nutrition package (1 SOQ-Zyme+1 Go Green+1 Betaloe)+Palm Massager + FIR PAD.

Promote to SUC,
Original Price : \$9,401.00



Installment plans available for 6 or 12 months at 0% interest.

- 6 months Installment: 1st Installment CAD\$2,200 + sales tax on \$7,200, 5 month equal payment \$1,000. 1st commission payout on 70BVP, 5 equal commission payment on 50BVP

- 12 months Installment: 1st Installment CAD\$2,305 + sales tax on \$7,200, 11 month equal payment \$445. 1st commission payout on 67BVP, 11 equal commission payment on 23BVP

Assigned ID No. _____ Name: _____

Ship To

Name
Street Address
City Province Postal Code
Country Phone

Payment Information

<input type="radio"/> Master Card	<input type="radio"/> VISA	<input type="radio"/> AMEX
Card Holder's Name		
Expiry date		
Street Address		
City Province Postal Code		

March 24, 2016